

KEEPING SAFE

STOP SEXTORTION BEFORE IT STARTS

01 Recognize the signs and know if you're a target.

Sometimes a situation might feel "off", but you aren't quite sure why. Or things may start off friendly, but start to slide out of control. If something doesn't feel right, it probably isn't. Learn how to identify if what you're experiencing is sextortion.

02 Celebrate your friends.

Lift others up. Sextortion can lead to bullying and make people feel really alone. Instead, make your friends feel great by telling them what you think makes them unique and why you love that specific thing. You can also join a community of people fighting online harassment at **HeartMob** and send supportive messages to victims of sextortion and other types of harassment.

03 Understand the issue.

Learning about how sextortion happens and what to do to protect yourself is an important step in preventing it from happening in the first place.



